

***For the Health of Our Communities - REDUCE, REUSE, RECYCLE...***

***United Way Impact Area Focus on:***

**Enhancing Health and Supporting Wellness**

One way to enhance our health is to simplify our lives by doing some spring cleaning. Get rid of those nice items that you no longer need - the pants that are too small or the Superman bedding that your teenager no longer uses.



*Photo: Emylee, the youngest of Rachel and Josh's children, opens a gift received through Rock Responds. (See story below.)*

**Help a Family in Need**

First Call, a direct program of United Way of North Rock County and Stateline United Way, is Rock County's free and confidential information and referral program. Rock Responds, a service of [First Call](#), brings businesses and non-profits together to fill individual and family needs.

When a client of a non-profit organization has a verified need, a request is sent via email to Rock Responds' list serv subscribers.

Here's a recent example. Rachel and Josh were hit by a drunk driver last November. Because of their injuries, their Christmas tree had no gifts underneath for their four children. But area businesses stepped in to help. Read more about this [local story](#).

**You can also give away items on [Rock Responds](#). Recycle that coat or refrigerator that works but you no longer need.**

**Give.**



*Photo: At the Annual Meeting, Mary Willmer-Sheedy receives the Best Practices campaign award for M&I Bank from Mike O'Brien, Campaign Co-Chair.*

**THANK YOU...  
for helping us surpass our  
\$1.35 million campaign goal.  
Because you stepped up to  
help, Living United,  
there are more dollars to  
assist community programs.**

- As we wrap up the 2008 campaign, we've raised \$1,319,711, 98% of goal (as of 3/10/09).
- The LIVE UNITED Raffle brought in an astounding \$201,000 from the 11,000 tickets sold. See the Tahoe and other [prize winners](#).
- Wow Factor: 48% of workplace campaigns reported increases over last year.

Have fun this summer. Be part of the Pacesetter campaign and

Contact First Call to join Rock Responds or to post items you want to give away: 752-3100 or go to [www.firstcallrock.com](http://www.firstcallrock.com).

## Other Locations to Recycle

There are a number of places in north Rock County that will accept gently used items to give to low-income families:

- **Acts of Kindness** (in Janesville): Accepts clothing, shoes, bedding, household items, furniture, appliances, toiletries, baby items and toys. Call 728-0841.
- **Edgerton Community Outreach**: Accepts clothing, shoes, bedding, household items, furniture, appliances, toiletries, baby items and toys. Call 884-9593.
- **Evansville Ecumenical Care Closet**: Accepts clothing, small household items, and cleaning supplies. Call 882-4532.
- **Milton Community Action Food Pantry**: Limited room to accept clothing. Call 868-1166.
- **Rock Assembly of God**: Accepts gently used clothing of all kinds, shoes and towels. Call 756-2232.

Thank you to our Year-Round Sponsors:



Thank you to our [Media Partners](#).

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help jump start our 2009 efforts. Contact Tammy Gore for more information: [tgore@uwnrc.org](mailto:tgore@uwnrc.org) or 757-3053.

## Advocate.



Volunteers drive United Way, advocating for community needs. We were able to celebrate those volunteers at the February 25th Annual Meeting and LIVE UNITED Tahoe raffle. Check out the [photos](#).

## Volunteer.



Photo: Emma from Badger 4-H does cleanup at Riverside Park in the 2008 Youth Service Day.

2009 Youth Service Day is April 18th. This is the 10th year that United Way's Volunteer Network has organized hundreds of youth for this wonderful event. Sign-up deadline for volunteers is March 23rd. Check out photos from last year and this year's [details](#).

Forward this eNewsletter

You can LIVE UNITED by helping us spread the word. Imagine how many people we could reach if everyone forwards this to five people.

+ TELL YOUR FRIENDS