



# MILITARY DEPLOYMENT

A guide to help support individuals,  
families, and communities.

Compiled by:  
United Way's First Call &  
AFL-CIO Labor Liaison



United Way of North Rock County's  
Mission



Mobilizing Our Communities,  
Improving Lives

## **MILITARY DEPLOYMENT**

The deployment of active duty and reserve military personnel has a significant and immediate impact on individuals, families and communities. The massive mobilization of reservists and deployment of troops creates an increase in demand for social services of families who have been dependent on two incomes and must now survive on one. The services most commonly requested include subsidized childcare, counseling and access to loved ones in the military (a result of heightened security measures).

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### **§ ARMED FORCES EMERGENCY SERVICES** **§ SOUTH CENTRAL WI**

- § **American Red Cross** – Greater Milwaukee Chapter 800-236-8680; For families of service Members Red Cross Helps With:
- Communications Worldwide
    - Emergencies involving illness, accidents, and death
    - Concerns about mail and messages
  - Personal and family problems
  - Information about benefits available to military personnel and their families
  - Referral to other agencies for services.

### **UNITED WAY - ACCESSING RESOURCES**

United Way Information and Referral (I&R) services throughout the country have a history of providing services to military personnel and communities in both peace time and war. I&R played an important role during Operation Desert Storm over a decade ago. Experience gained at that time shows that those most likely to be impacted include, young families, lower ranking military personnel and the families of reservist. The military community can meet many needs. However, it is likely that you will also require access to additional community resources.

United Way's First Call, information and referral program for Rock County and the Stateline area is prepared to provide information and referral services to individuals who are seeking help identifying local or area resources that can meet their needs. First Call is a joint program of Stateline United Way and United Way of North Rock County.

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## INFORMATION AND REFERRAL

- § **United Way's First Call, information and referral for Rock County and the Stateline area. – Janesville 752-3100: Beloit 363-8800: Evansville 882-9966:** Website: [www.firstcallrock.com](http://www.firstcallrock.com) First Call maintains list of area support groups.
- § **AFL-CIO Community Services Liaison provides services to the community. – Janesville 757-3040.** Union members have a history of community spirit, giving and volunteerism. A Labor Liaison creates a union based service to help working families' access community and government programs to address their human services needs.
- § **Info Line (815) 636-5005:** Information and referral for Northern Illinois, Boone, Ogle and Winnebago Counties.
- § **Rock County Council on Aging 758-8455:** Aging Information and Assistance program.

## IMPORTANT PAPERS CHECKLIST

Important papers should be identified and organized for easy access. Military papers such as; ID cards, dog tags, line badge, the emergency data card must be current and accessible. Please note that personnel should not wait to request documents as it may take a month or more to secure ID cards and papers due to current backlogs.

Other important papers include insurance policies, powers of attorney, a will, marriage and birth certificates, tax forms and mortgages papers. In case of something unforeseen like theft or a natural disaster a personal property inventory is useful for the insurance company.

### **CURRENT MILITARY DOCUMENTS:**

- q ID cards
- q Dog tags
- q Line badge
- q Emergency data card

### **OTHER DOCUMENTS:**

- q Car title and registration
- q Insurance policy
- q Power of attorney – Last Will and Testament

- q Marriage/birth certificates
- q Tax forms
- q Mortgage papers

### **IMPORTANT NUMBERS CHECKLIST**

It's very important that the family knows whom to contact and has emergency phone numbers. The Squadron is the point of contact, so family members will need the name and phone number. There is also a reserve family support person in each state for each branch of the military

- q Squadron point of contact:
- q Emergency phone numbers:
- q Home/Renters Insurance
- q Home Repairs – heat/cooling/plumbing:
- q Home Service – trash/lawn services/landlord:
- q Automobile Insurance:
- q Automobile repairs:
- q Automobile car loan or title:

## **PERSONAL READINESS & PLANNING CHECKLIST**

Many of the most common problems related to deployment or economic disruptions can be prevented or minimized through careful planning. Things as mundane as house and car repairs need to be considered. Who to contact if the car breaks down. This is a good time to get an extra set of house keys, and also an extra set of car keys. What about yard maintenance? Suppose somebody needs to sell a car? Family members who are left behind need to have the car title and registration. The checklists on the following page can be used to create a guide to help you organize your outreach and collaborating efforts. Detailed checklists are also available at the family support websites listed in the handbook.

- q Do you have a budget?
- q Does it take into account changes during deployment?
- q Do you know how much to expect in allotments? Other Income?
- q Do you have a cycle established for payment of bills? (If you choose a joint account, you will need to have a way to keep track of the balance.)
- q Do you have an emergency fund?
- q Do you understand emergency notification procedures?
- q Do you know where to go for help if you need it?
- q Do you have an extra set of car/house keys?

**ORGANIZE YOUR OUTREACH AND COLLABORATING EFFORTS  
USING A TABLE OR OTHER TOOL.**

Organization	Out-reach Activities	Service Provision	Resource Request	Other Activity
<i>Military Bases/Services</i>				
<i>Local/State Agencies</i>				
<i>Community Organizations</i>				
<i>United Way</i>				
<i>Volunteer Org.</i>				
<i>Service Providers</i>				
<i>Businesses</i>				
<i>Foundations</i>				
<i>Media</i>				
<i>Newspapers</i>				
<i>Radio</i>				
<i>Television</i>				
<i>Other</i>				

## CHILD CARE, PARENTING & YOUTH SERVICES

The stresses of being temporarily disrupted from family life do not just impact you, but your children as well. Quality youth service programs are available where your children can be involved in supervised safe environments. These organizations also will build and maintain the child's self-esteem.

### Youth Services:

- § **Big Brothers/Big Sisters – 362-8223**
- § **Boys and Girls Club of Beloit – 365-8874**
- § **Boys and Girls Club of Janesville – 755-0575**
- § **Teen Time – Boys & Girls Club of Janesville – 755-0575**
- § **Hub Club in Beloit – 364-9885**
- § **Family YMCA of Janesville – 754-6654**
- § **Edgerton Teen Center – 884-6167**
- § **RAFT (Runaway and Family Treatment) – 752-7660 or 24 Hour Crisis Hotline 800-924-7238**
- § **1<sup>st</sup> Wisconsin Young Marines – Beloit area 365-1397:** The Young Marines Program provides an alternative for youth to instill a sense of pride in themselves, in their community, and in their country. Young Marines make a pledge to maintain a drug-free lifestyle and are encouraged to influence family, friends and schoolmates to share this commitment.

### Child Care Services:

- § **Janesville Community Day Care – 752-8035:** Day and night childcare.
- § **YMCA of Beloit – 365-2261:** Growing Tree Preschool Center and School Age Center.
- § **Community Action Child Care – 755-2488:** Day and night childcare.
- § **Community Action Drop-In Child Care, Rock County Job Center – 741-3423:** *Reservations are highly recommended.*
- § **YWCA of Rock County – 752-5445:** Before and after school child care.
- § **South Central Child Care Resource & Referral – Janesville 741-3426, Beloit 368-2974:** Provides information on licensed current child care providers in the area.

### Parenting Programs:

- § **Family Living Parent Education – 757-5694:** Programs are provided via newsletters, publications, multi-session and in-home teaching.
- § **Parents and Teens Together – 752-7660:** Parents and their teens attend eight weekly two-hour sessions. Topics include; communication, dealing with stress and anger, problem solving, decision making, family rules.
- § **Positive Parenting Classes, Beloit Area Community Health Center – 361-0311:** Parenting group meets monthly; programs and childcare are free. Call Cindy for dates and times.
- § **Positive Parenting Program – 752-7660:** An eight-week evening program for parents of children ages' birth to 12 years. Childcare and children's programs provided.

### Family Resource Centers:

- § **Beloit Families First Family Resource Center – 361-4197:** Community outreach, group education and support, individual assistance, and resource and referrals are provided to all Beloit parents and their children, free of charge.
- § **Love For Children Resource Center – 364-4291:** Life skills activities, which promote excellence in school, job readiness and community involvement.
- § **Exchange Family Resource Center – 314-9006:** Enhances the quality of family life by offering resources, referrals, support, parenting classes, and lending library for all Rock County Families.
- § **Family Resource Centers – School District of Janesville – 743-5054:** Parent Education Series, Workshops, Support Group, Individualized Parenting Education Meetings, "Warm line", Toy Lending Library, Family Events and Celebrations, Parent advisory Committee: Adams **743-7332**, Lincoln **743-6739**, Roosevelt **743-7074**, Washington **743-7227**, Wilson **743-7373**

## **FAMILY/INDIVIDUAL COUNSELING**

- § **Beloit Inner City Council – 365-6600:** Individual and family counseling in identifying and obtaining treatment for alcoholism and other drug addictions. Employee drug education. Support groups
- § **Catholic Charities – Janesville 752-4906: Beloit 365-3665:** Individual and family counseling. Coping with the stress of being alone. Support group for military families.
- § **Family Service of Southern Wisconsin and Northern Illinois – 365-1244:** Strengthening families through counseling, education, and support groups for military families.
- § **Lutheran Social Services – Janesville area – 7527660: Beloit – 3626629** – Family and individual counseling. Parenting skills. Provides help with substance abuse problems.
- § **Sexual Assault Recovery of Rock County – 365-1119:** Provides 24 hour/7 days a week sexual assault victim advocacy in local hospitals. Free mental health and legal advocacy is also provided

## **BEREAVEMENT COUNSELING AND SUPPORT GROUPS**

### **Beloit Regional Hospice, Inc: 363-7421**

Open to anyone suffering a loss through death. Groups begin every three months for seven consecutive weeks. Encouragement, coping skills and various aspects of grief are discussed. CHILDREN'S SUPPORT GROUP Is held in the spring and fall. Children and their caregivers meet in separate groups to gain a better understanding of the grief experience. Children use art, games, and storytelling to express their loss. INDIVIDUAL COUNSELING Sometimes talking to someone helps you to feel better. Short term counseling and referral information, both free of charge, are available to anyone who is dealing with bereavement, loss and end of life issues. LENDING LIBRARY has a wealth of resources available to the public. Books, tapes and videos can be checked out for three-week intervals. *All groups are held at 2958 Prairie Ave. Beloit. Bereavement services are available at no charge. To register, or for more information, call Beloit Regional Hospice Office, Mary Jane*

### **Bereavement Support Group: 754-2201**

Grieving the loss of a loved one? Share and receive support from other individuals facing the challenges associated with the grieving process. Second Wednesday 3pm, 4:30pm. Mercy Assisted Care, 901 Mineral Pt. Ave., Janesville.

### **Grief support Group, Roscoe: 815-623-2293**

Anyone struggling with the loss of a loved one is invited to join this group. Thursdays 1 p.m. to 3:00 p.m. Roscoe United Methodist Church, 10816 Main St., Roscoe.

## **HOSPICECARE INC.**

JOURNEY THROUGH GRIEF SUPPORT GROUP is a six-week series for those who are grieving the death of someone important in their lives. The group offers a safe and supportive environment to talk about thoughts and feelings, and to find support from others who are sharing similar experiences. A commitment to attend all six sessions is recommended. Call for dates and times. FAMILY SERIES: FOR CHILDREN AND PARENTS family groups meet at HospiceCare weekly, for seven weeks. Children's and parent's groups meet separately, but concurrently, in order for participants to receive age-appropriate support. A commitment to attend all seven sessions is recommended. Call for dates and times. GRIEF STEPPING STONES is an informative and supportive series examining the grief process in three consecutive sessions. In addition to support, presenters offer practical information and advice. Participant may attend any or all three sessions in the series. No pre-registration is required. Call for dates and times. HOLIDAY GRIEF AND REMEMBRANCE SERVICE is a special gathering open to the public, to give those who are grieving the opportunity to find strength and fellowship as they enter the holiday season. Information on coping skills and creating holiday rituals will be offered. Music, readings, and a time for remembering those who have died are also included in this program. ADDITIONAL GROUPS *may be offered depending upon need; they may include, Pet loss group, Mother Loss group, Men's Group, Teen Group, or Loss of Child Group.* HospiceCare also offers workshops and group presentations to schools, businesses and communities dealing with a loss to help them understand the grieving process. *HospiceCare Inc. Grief Center, 3001 W. Memorial Dr., Janesville. There isn't a charge for any group. Contact the bereavement counselors for more information and to register for any of these groups. Janesville 755-1871*

## EMERGENCY AND GENERAL ASSISTANCE

- § **Aware – Evansville – 882-9900:** Provides safety net for individuals needing assistance in Evansville area.
- § **Believer’s Faith Fellowship – 755-5707:** Serves Rock County. Food distribution every Wednesday.
- § **Beloit Area Community Health Center – 361-0311:** Comprehensive primary health care for all ages.
- § **C.A.R.E. – Beloit area – 362-7663:** Central Christian Church ministry helps families in need with food, furniture and other necessities of life.
- § **Caritas House – 362-4403:** Emergency food, clothing, medication, and rental assistance to qualifying Beloit area residents.
- § **Clinton Community Outreach – 676-5324:** Emergency food supply. Provide food baskets at Easter, Thanksgiving and Christmas with gift baskets for children. Refer to Christ Lutheran Food Pantry if outside Clinton School District.
- § **Christ Lutheran Food Pantry – 676-4994:** Individual services depend on size of family and circumstances surrounding the request. Also Government Commodity Program for Clinton.
- § **Crisis Intervention Services – 757-5025:** Emergency assessment and referral provided to individuals experiencing mental health, alcohol and other drug abuse related problems. Problem solving with individuals and community organizations. Phone support for those experiencing a crisis or needing emotional support.
- § **ECHO – 754-5333:** Emergency shelter, food, clothing, household items, medicine, and gasoline for Janesville residents.
- § **Energy Assistance Program – 363-9200:** Assists qualified Rock County households with heat with all kinds of fuel, including wood, as well as renters whose heating costs are included in their rent.
- § **Edgerton Community Outreach – 884-9593:** Services Edgerton School District area. Provides emergency assistance such as rent, utility assistance, food, clothing, and school supplies. Counseling program provides assessment of family needs and budgeting assistance.
- § **Evansville Community Care Closet – 882-4044:** Food and clothing provided. Proof of income and I.D required.
- § **Healthnet of Janesville – 756-4638:** Healthcare and dental care for uninsured.
- § **Housing Counselor – Salvation Army, Janesville Social Services – 757-8302:** Provides assistance, information and support for tenants/landlords involved in rental housing disputes or just needing help on all aspects of renting.
- § **Legal Action of Wisconsin – 800-362-3904:** Provides free legal assistance to low-income persons. Assistance in civil matters in the areas of housing (landlord-tenant, eviction, public and subsidized housing): W-2, (Food Stamps, Medical Assistance, SSI). Family Law such as; divorce, custody, support, and domestic violence.
- § **Milton Food Pantry – 8681166:** Services Milton residents with emergency food and gas vouchers.
- § **Operation Care – 365-9131 ext.3:** Services Beloit area. Food distribution every Thursday, persons are limited to once a month.
- § **Orfordville Food Pantry (CUP) 876-6855:** Food pantry is a project of churches and other organizations. Area served: Parkview School district, Footville, Hanover, Orfordville and Newark.
- § **Rock County Human Services – 741-3488 economic support/757-5271 administration office:** Food Stamps, Rent Assistance, Badger Care, and Subsidized Child Care, W-2.
- § **Rockton Township General Assistance – 815-624-7788:** General assistance provided in rent, food, medical, and utilities.
- § **S.H.A.R.E. – 800-548-2124:** Participants receive nutritious grocery package every month that is affordable, basic and consistent. 15-18 items are included: meat, poultry, fresh fruit, fresh vegetables and staples. Cost \$16.00.
- § **Samaritan Ministry Team – Beloit area – 368-1325:** Ask for Dick. Provides chore service and local transportation.

- § **Salvation Army – Janesville area – 757-8300; Beloit area – 365-6572:** provides emergency assistance, food pantry, lunch program, and clothing.

## MEAL SITES

### BELOIT:

- § **Emmanuel Baptist Church Lunch Program – 362-0562:** Monday, Wednesday, and Friday, 12 noon. 1151 E. Grand Ave.
- § **Salvation Army 365-6572:** Free Public Breakfast: Monday, Wednesday, and Friday, 9a.m., **Tuesday** and Thursdays, Free Public Lunch, open to all ages. 628 Broad Street.

### JANESVILLE:

- § **ECHO Community Meal – 754-5333:** Last Saturday of the month, 419 E. Court.
- § **Salvation Army – 757-8300:** Free Public Lunch: Monday – Sunday, 12 noon. 514 Sutherland Ave.

## MORTGAGE DEFAULT SERVICES

- § **Foreclosure Prevention – Neighborhood Housing Service of Beloit – 362-9051:**
- § **HomeSavers USA/HART – 800-452-9572:** Responsible Relief for homeowners who have fallen behind on their mortgages.
- § **Mortgage Default Services, Community Action, Inc. – 800-4248297:** Default mortgage counseling.

## MONEY MANAGEMENT SERVICES

- § It is recommended that you keep all of your creditors informed of you current status.
- § **Consumer Credit Counseling Services – Beloit 365-1244: Janesville 752-5813:** Functions as a neutral party between the creditor and debtor to work out repayment plan; stops calls from creditors; and, in some cases, interest on accounts may be dropped or lowered and/or late fees dropped or waived. Family/individual financial planning and budgeting skills.

## MISCELLANEOUS SERVICES

- § **Independent Disability Services – 754-1117:** Respite program providing temporary relief for caregivers of developmentally disabled persons.
- § **Family Respite Services of Rock County – 757-2005:** Ask for Valerie.
- § **Voluntary Action Center – 365-1278: Volunteer Network of North Rock County – 757-3058:** Volunteer opportunities will provide fulfilling experiences and contacts in the business community.

## **TRANSITION ASSISTANCE**

The Air Force, Army, Navy, Marines and Reserves Provide websites that offer a variety of supportive services and information. Visit these sites for more detailed information regarding deployment readiness/services information specific to deployments.

### **Military Family Resource Center - [www.mfrc.calib.com](http://www.mfrc.calib.com)**

While not targeted to individuals this site has very helpful information for services providers. It also provides program directories with contact information for Family Centers, Child Development Centers, Youth Programs, and Family Advocacy Programs on all military installations.

<http://www.mfrc.calib.com/famres.cfm#prog>

### **Air Force Family website – <http://www.afcrossroads.com>**

Excellent service information and family readiness guides.

### **Army Family Liaison Force – <http://www.aflo.org>**

### **Navy Lifelines Services Network – <http://www.lifelines2000.org>**

Excellent site for accessing user-friendly information, guides and service information.

### **Marine Corps Community – <http://www.usme-mccs.org>**

### **Reserve Officer Association – [www.roa.org](http://www.roa.org)**

Provides a 24-page guide to reserve benefits and another guide to the Soldiers' and Sailors' Civil Relief Act (SSCRA).

## RELATED WEBSITES

<http://mfrc.calib.com/snn> -

Special Needs Network - Offers support for Department of Defense and military families who have members with special health or educational needs.

<http://www.tricare.osd.mil>

Tri-care – Military Health System

<http://www.militaryacclimate.com>

Provides assistance in the logistics of relocating.

<http://dod.mil.mapsite>

Military Assistance Program – provides information and interactive resource to assist military families in relocation, money management and job search at a new location.

<http://dticaw.dtic.mil/mtom>

Military Teens on the Move – assists teens with relocating.

<http://www.defenselink.mil/sites/c.html#civjobs>

Links 16 websites with civilian job opportunities in the military and federal government, including <http://dticaw.dtic.mil/mapsite/jobs.html> especially for military commissary benefit.

[http://dticaw.dtic.mil/prhome/des\\_mcfp.html](http://dticaw.dtic.mil/prhome/des_mcfp.html)

Deputy Assistant Secretary of Defense for Military Community and Family Policy.

<http://www.defenselink.mil/sites/t.html#transition>

Links to sites that can assist military families in transition.

<http://www.dol.gov/asp/programs/handbood/userra.htm> - U.S.

Department of Labor – site regarding laws protecting military reservists.

**Notes:** \_\_\_\_\_

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United Way's FIRST CALL  
Beloit Area: (608) 363-8800  
Evansville Area: (608) 882-9966  
Janesville Area: (608) 732-3100  
[www.firstcallrock.com](http://www.firstcallrock.com)

AFL-CIO Labor Liaison  
(608) 757-3040

United Way's Volunteer Network  
(608) 757-3058