

Parenting Programs:

- **Family Living Parent Education – 757.5694:** Programs are provided via newsletters, publications, multi-session and in-home teaching.
- **Family Support Program – 752.4993:** Relieving some of the stress that families who have children with severe disabilities.
- **Parents and Teens Together – 752.766 ext 1:** Parents and their teens attend eight weekly two-hour sessions. Topics include communication; dealing with stress and anger; problem solving; decision making, family rules.
- **Positive Parenting Program – 752.7660 ext 17:** For parents of children ages' birth to 12 years. Childcare and children's programs provided.

Resource Centers

- **Beloit Families First Family Resource Center – 361.4197:** Community outreach, group education and support, individual assistance, and resource and referrals are provided to all Beloit parents and their children, free of charge.
- **Love For Children Resource Center – 363.8994:** Life skills activities, which promote excellence in school, job readiness and community involvement.
- **Exchange Family Resource Center – 314.9006:** Enhances the quality of family life by offering resources, referrals, support, parenting classes, and lending library for all Rock County Families.
- **Family Resource Centers – School District of Janesville – 743.5054:** Parent Education Series, Workshops, Support Groups, Individualized Parenting Education Meetings, “Warm line”, Toy Lending Library, Family Events and Celebrations, Parent advisory Committee: Adams 743.7322, Lincoln 743.6739, Roosevelt 743.7074, Washington 743.7227, Wilson 743.7373.

MONEY MANAGEMENT SERVICES

It is recommended that you keep all of your creditors informed of you current status.

- **Consumer Credit Counseling Services –** Beloit area, 365.1244, Janesville area 752.5813: Functions as a neutral party between the creditor and debtor to work out repayment plan; stops calls from creditors; and, in some cases, interest on accounts may be dropped or lowered and/or late fees dropped or waived. Family/individual financial planning and budgeting skills.

MISCELLANEOUS SERVICES

- **Family Respite Services of Rock County – 758.0285.**
- **Independent Disability Services – 754.1117:** Respite program providing temporary relief for caregivers of developmentally disabled persons.
- **Love INC of Rock County – 531-1880:** Provides transportation needs.
- **Voluntary Action Center – 365.1278: Volunteer Network of North Rock County – 757.3058:** Volunteer opportunities will provide fulfilling experiences and contacts in the business community.
- **OIC – 362.028:** Employment training for jobs in industry, clerical, housing rehabilitation and GED preparation..
- **Wingspan - 757.7656:** Career Services at Blackhawk Technical College, for those who are unemployed who are also a displaced homemaker. Career Planning, Job Readiness, Resume Assistance.

This information provided by:

United Way
of North Rock County



TOOLS FOR HARD TIMES

Sometimes unemployment does become a painful reality. No one ever plans to lose their job, nor does any company look forward to downsizing or laying off workers. Stateline United Way and the United Way of North Rock County want to provide information on services that may prove beneficial to displaced workers.

This is by no means an entire listing of services available to you and your family. Utilize any number of area agencies; Rock County Dislocated Worker Services, Rock County Job Center, Veterans Services, city and county assistance, United Way agencies, and others.

FAMILY/INDIVIDUAL SUPPORT SERVICES

Although your first concern after losing your job will be finances, you should be aware that other stresses might develop. You may experience feelings of panic, guilt, anger, blame, or depression. Pretending you are not worried or scared only makes things worse for you and everyone close to you. Accept the fact that you cannot control the economy, but you can control how you deal with unemployment.

- **Catholic Charities – Janesville, 752.4906: Beloit, 365.3665:** Individual and family counseling. Coping with the stress of being unemployed. Possible support group for unemployed workers.
- **Family Service Association – 365.1244:** Strengthening families through counseling, education, and support groups for displaced workers.
- **Lutheran Social Services – Janesville area – 752.7660: Beloit – 362.6629** – Family and individual counseling. Parenting skills. Provides help with substance abuse problems.
- **United Way's First Call, Information and Referral for Rock County and the Stateline area. - Janesville, 752.3100: Beloit, - 363.8800: Evansville, - 882.9966:** Website: www.firstcallrock.com First Call maintains a database of over 2,355 programs and services.
- **Beloit Inner City Council/Tellurian – 365.6600:** Individual and family counseling in identifying and obtaining treatment for alcoholism and other drug addictions. Employee drug education. Support groups.

EMERGENCY AND GENERAL ASSISTANCE

- **Acts of Kindness – 728.0841 ask for Shelly** provides clothing, shoes, bedding, household items, toiletries, baby items and toys.
- **Aware – Evansville area – 882.4606:** Provides safety net for individuals needing assistance in Evansville area.
- **Bare Necessity Pantry – 531.1880** Provides diapers, feminine hygiene products, toilet paper, and basic all purpose household cleaning products.
- **Beloit Area Community Health Center – 361.0311:** Comprehensive primary health care for all ages.
- **Caritas House – 362.4403:** Provides emergency food needs clothing, medication, and rental assistance to qualifying Beloit area residents.
- **CA Plus Program – 1.800.975.5785:** To make payment arrangements for utilities on a lower scale than Alliant requires. Must have an income.
- **Clinton Community Outreach – 676.5324:** Emergency food supply. Provide food baskets at Easter, Thanksgiving and Christmas with gift baskets for children. Refer to Christ Lutheran Food Pantry if outside Clinton School District.

- **Christ Lutheran Food Pantry – 676.4994:** Individual services depend on size of family and circumstances surrounding the request. Also Government Commodity Program for Clinton.
- **Crisis Intervention Services – 757.5025:** Emergency assessment and referral provided to individuals experiencing mental health, alcohol and other drug abuse related problems. Problem solving with individuals and community organizations. Phone support for those experiencing a crisis or needing emotional support.
- **ECHO – 754.5333:** Provides Janesville residents emergency shelter, food, clothing, household items, medicine, and gasoline.
- **Energy Assistance Program – 363.9200:** Available to Rock County households which heat with all kinds of fuel, including wood, as well as renters whose heating costs are included in their rent, income guidelines.
- **Edgerton Community Outreach – 884.9593:** Services Edgerton School District area. Provides emergency assistance such as rent, utility assistance, food, clothing, and school supplies. Counseling program provides assessment of family needs and budgeting assistance.
- **Evansville Community Care Closet - 882.4044:** Food and clothing provided, need proof of income and I.D.
- **Healthnet of Janesville – 756.4638:** Healthcare and dental care for uninsured.
- **Housing Counselor – Salvation Army, Janesville Social Services – 757.8300 ext 24 Tammy:** Provides assistance, information and support for tenants/landlords involved in rental housing disputes or just needing help on all aspects of renting.
- **Legal Action of Wisconsin – 800.362.3904:** Provides free legal assistance to low-income persons. Assistance in civil matters in the areas of housing (landlord-tenant, eviction, public and subsidized housing): W-2, (Food Stamps, Medical Assistance, SSI). Family Law: divorce, custody, support, and domestic violence.
- **Love INC of Rock County – 531.1880:** Assist with transportation needs.
- **Milton Food Pantry – 868.1166:** Services Milton residents with emergency food and gas vouchers.
- **Faith Builders Life Center – 365.9131:** Services Beloit area. Food distribution every Thursday, persons are limited to once a month.
- **Orfordville Food Pantry (CUP) 876.6855:** Food pantry is a project of churches and other organizations. Area served: Parkview School district, Footville, Hanover, Orfordville and Newark.
- **Rock County Economic Support Program – 741.3488:** Food Stamps, Rent Assistance, Badger Care, Subsidized Child Care, W-2 and County Burial.
- **Rockton Township General Assistance – 815-624-2189:** General assistance provided in rent, food, medical, and utilities.
- **S.H.A.R.E. – 800.548.2124:** Participants receive nutritious grocery package every month that is affordable, basic and consistent. 15-18 items are included: meat, poultry, fresh fruit, fresh vegetables and staples. Cost \$18.00.
- **Salvation Army – Janesville area – 757.8300: Beloit area – 365.6572:** Provides emergency assistance, food pantry, lunch program, and clothing.
- **Weatherization Program through Community Action – 800.424.8297:** Reduce energy consumption and lessen the impact of high fuel cost to low income households.

MEAL SITES

BELOIT:

- **Emmanuel Baptist Church Lunch Program – 362.0562:** Monday, Wednesday, and Friday, 12 noon. 1151 E. Grand Ave.
- **Salvation Army 365.6572:** Monday, Wednesday, and Friday: Free Public Breakfast 9am. Tuesdays and Thursdays, Free Public Lunch 12 noon, open to all ages. 628 Broad Street.

JANESVILLE:

- **Cargill United Methodist Church – 752.0548:** 3rd Sat. of the month, 2000 Wesley Ave.
- **Echo Community Meal – 754.5333:** Last Sat. of the month, 302 N. Parker Dr.
- **Midwest Christian Center – 755.1750:** 2nd Sat. of the month, 336 N. Jackson
- **Salvation Army – 757.8300;** Monday – Friday, 12 noon. 514 Sutherland Ave.
- **Senior dining – 757.5474:** Rock County golden diners program offers hot, healthy, nutritionally balanced meals, age 60 or over & their spouses.

MORTGAGE DEFAULT SERVICES

- **Foreclosure Prevention – Neighborhood Housing Service of Beloit 362.9051:** Designed to assist families who have lost their jobs due to business closing, lay-offs or displacement.
- **Mortgage Default Services, Community Action, Inc. – 800.424.8297:** Default mortgage counseling.

CHILD CARE, PARENTING & YOUTH SERVICES

The stresses of being temporarily unemployed do not just impact you, but your family as well. Quality youth service programs are available where your children can be involved in supervised safe environments. These organizations also will build and maintain the child's self-esteem.

Youth Services:

- **1st Wisconsin Young Marines – 608.295.3295**
- **Adolescent Services – 757.5378**
- **Big Brothers/Big Sisters – 362-8223**
- **Boys and Girls Club of Beloit - 365.8874**
- **Boys and Girls Club of Janesville - 755.0575**
- **Edgerton Teen Center - 884.6167**
- **Family YMCA of Janesville - 754.6654**
- **Hub Club in Beloit - 364.9884**
- **Teen Time – Janesville Teen Club – 755.0575**

Child Care Services:

- **Janesville Community Day Care - 752.8035:** Day and night childcare.
- **YMCA of Beloit – 365.2261:** Growing Tree Preschool Center and School Age Center.
- **Community Action Child Care – 755.2488:** Day and night childcare.
- **Community Action Drop-In Child Care, Rock County Job Center 741.3423:** Reservations are highly recommended.
- **YWCA of Rock County – 752.5445:** Before and after school child care.
- **Child Care Resource & Referral of South Central Wisconsin – 758.1170:** Provides information on licensed current child care providers in the area.